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Young, The Mirror Effect is a Drew
Pinsky
groundbreaking exploration of
celebrity narcissism and how it is
damaging our culture and our
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), reality-TV train wrecks (from The Anna Nicole Show to My Super Sweet 16 to Bad Girls Club), gossip websites (TMZ, PerezHilton, Gawker), and the ever-evolving circle of pop divas known as celebutantes (or, more cruelly, celebutards), The Mirror Effect reveals how figures like Britney

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and Paris and Lindsay and Amy
Winehouse—and their media
enablers—have changed what we
consider "normal" behavior. It traces
the causes of disturbing celebrity
antics to their roots in self-hatred and
...

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“ When it comes to judging celebrities and their behavior, it might be best to take a good look in the mirror. ” (New York Post) “ Pinsky spells out a theory that stars are predisposed to narcissistic personality

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disorder long before they become
famous....[The Mirror Effect] becomes
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examples. ” (Wired)

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According to addiction specialist Dr.

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Drew Pinsky and business and entertainment expert Dr. S. Mark Young, a high proportion of celebrities suffer from traits associated with clinical narcissism--vanity, exhibitionism, entitlement, exploitativeness--and the rest of us, especially young people,

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are mirroring what we witness nightly on our TV and computer screens.

A provocative, eye-opening study, *The Mirror Effect* sounds a timely warning, raising important questions about our ...

The Mirror Effect : How Celebrity

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Stars like Britney, Paris, Lindsay, Amy Winehouse—and their media enablers—have altered what we consider "normal" behavior. According to addiction specialist Dr. Drew Pinsky and business and entertainment expert Dr. S. Mark Young, a high

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The Mirror Effect: How Celebrity
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The premise of The Mirror Effect is
bold. Pinsky writes that the

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Drew
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convergence of reality television, lowered libel standards and constant connectedness have combined to create a market for an awful kind of celebrity (Lindsay Lohan, Paris Hilton).

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"The Mirror Effect" will get readers to think more seriously about the consequences of today's unbridled celebrity media culture. Pinsky and Young make a compelling case (although with some redundancy) of its existence, its impact today and in

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NARCISSISM IS SEDUCING By Drew

Pinsky defines the Mirror Effect as "a tendency to obsess over those damaging celebrity stories – and mirror them back in our own behaviors." Impressionable children and teenagers, already "fraught with insecurity and hardwired for constant

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drama," see constant celebrity bad behavior, behavior that is largely excused or not punished, and start acting in a similar fashion.

Book review: Drew Pinsky and S. Mark Young's *The Mirror ...

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effect: how celebrity narcissism is seducing America. [Drew Pinsky; S Mark Young; Hoopla digital.] -- Reality TV. Celebutantes. YouTube. Sex Tapes. Gossip Blogs. Drunk Driving. Tabloids. Drug Overdoses. Is this entertainment? Why do we keep watching? What does it mean for our

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The mirror effect : how celebrity narcissism is seducing ...

The I'm A Celebrity campmates have been out of the castle for a week but are struggling to adjust back to their normal lives - and some have had big

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The premise of The Mirror Effect is
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The Mirror Effect: How Celebrity...
book by Drew Pinsky

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In “The Mirror Effect: How Celebrity Narcissism Is Seducing America,” Dr. Drew Pinsky and Dr. S. Mark Young look at celebrity narcissism in a new way. The doctors use science. Dr. Drew and Dr....

Book Review: 'The Mirror Effect' by

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Dr. Drew Pinsky: LAist America Drew

However, the "Mirror Effect", as Pinsky calls it, of the constant media barrage of celebrity bad and narcissistic behavior, is very likely to affect those of us who already are leaning toward narcissism. Pinsky defines the Mirror Effect as "a

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Pinsky
tendency to obsess over those
damaging celebrity stories - and
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behaviors."

In the eye-opening New York Times
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bestseller, The Mirror Effect, widely respected addiction and behavior specialist and producer/host of Celebrity Rehab with Dr. Drew on VH1, Dr. Drew Pinsky takes a hard look at the profound changes blogging, tweeting, tabloids, and reality TV are having on the American

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way of life. An important wake up call for every parent, co-written with Dr. S. Mark Young, The Mirror Effect is a groundbreaking exploration of celebrity narcissism and how it is damaging our culture and our children.

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The face of entertainment has changed radically over the last decade—and dangerously so. Stars like Britney, Paris, Lindsay, Amy Winehouse—and their media enablers—have altered what we consider "normal" behavior. According to addiction specialist Dr. Drew Pinsky

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Reality TV. Celebutantes. YouTube.
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this entertainment? Why do we keep
watching? What does it mean for our
kids? In the last decade, the face of

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entertainment has changed
radically—and dangerously, as
addiction specialist Dr. Drew Pinsky
and business and entertainment
expert Dr. S. Mark Young argue in this
eye-opening new book. The soap
opera of celebrity behavior we all
consume on a daily basis—stories of

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is seducing America. Drew Pinsky stars treating rehab like vacation, brazen displays of abusive and self-destructive "diva" antics on TV, shocking sexual imagery in prime time and online, and a constant parade of stars crashing and burning—attracts a huge and hungry audience. As Pinsky and Young show

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in The Mirror Effect, however, such behavior actually points to a wide-ranging psychological dysfunction among celebrities that may be spreading to the culture at large: the condition known as narcissism. The host of VH1's Celebrity Rehab with Dr. Drew and of the long-running radio

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show Loveline, Pinsky recently
teamed with Young to conduct the
first-ever study of narcissism among
celebrities. In the process, they
discovered that a high proportion of
stars suffer from traits associated with
clinical narcissism—including vanity,
exhibitionism, entitlement,

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Fritsky
exploitativeness, self-sufficiency,
authority, and superiority. Now, in
The Mirror Effect, they explore how
these stars, and the media, are
modeling such behavior for public
consumption—and how the rest of us,
especially young people, are mirroring
these dangerous traits in our own

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behavior. Looking at phenomena as diverse as tabloid exploitation ("Stars . . . they're just like us!"), reality-TV train wrecks (from The Anna Nicole Show to My Super Sweet 16 to Bad Girls Club), gossip websites (TMZ, PerezHilton, Gawker), and the ever-evolving circle of pop divas known as

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celebutantes (or, more cruelly, celebutards), The Mirror Effect reveals how figures like Britney and Paris and Lindsay and Amy Winehouse—and their media enablers—have changed what we consider "normal" behavior. It traces the causes of disturbing celebrity antics to their roots in self-

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is seducing America. Draw hatred and ultimately in childhood disconnection or trauma. And it explores how YouTube, online social networks, and personal blogs offer the temptations and dangers of instant celebrity to the most vulnerable among us. Informed and provocative, with the warm and empathetic

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legions of fans, The Mirror Effect raises important questions about our changing culture—and provides insights for parents, young people, and anyone who wonders what celebrity culture is doing to America.

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NEW YORK TIMES BESTSELLER *

"From The New Yorker's beloved cultural critic comes a bold, unflinching collection of essays about self-deception, examining everything from scammer culture to reality television."--Esquire "A whip-smart,

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challenging book."--Zadie Smith * "Jia Tolentino could be the Joan Didion of our time."--Vulture FINALIST FOR THE NATIONAL BOOK CRITICS CIRCLE'S JOHN LEONARD PRIZE FOR BEST FIRST BOOK * NAMED ONE OF THE TEN BEST BOOKS OF THE YEAR BY THE NEW YORK PUBLIC LIBRARY

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* Shelf Awareness Jia Tolentino is a peerless voice of her generation, tackling the conflicts, contradictions, and sea changes that define us and our time. Now, in this dazzling collection of nine entirely original essays, written with a rare

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combination of give and sharpness, wit and fearlessness, she delves into the forces that warp our vision, demonstrating an unparalleled stylistic potency and critical dexterity. Trick Mirror is an enlightening, unforgettable trip through the river of self-delusion that surges just beneath

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the surface of our lives. This is a book about the incentives that shape us, and about how hard it is to see ourselves clearly through a culture that revolves around the self. In each essay, Tolentino writes about a cultural prism: the rise of the nightmare social internet; the advent

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of scamming as the definitive Drew
millennial ethos; the literary heroine's
journey from brave to blank to bitter;
the punitive dream of optimization,
which insists that everything,
including our bodies, should become
more efficient and beautiful until we
die. Gleaming with Tolentino's sense

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of humor and capacity to elucidate the
impossibly complex in an instant, and
marked by her desire to treat the
reader with profound honesty, Trick
Mirror is an instant classic of the
worst decade yet. FINALIST FOR THE
PEN/DIAMONSTEIN-SPIELVOGEL
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Don't believe everything you read. Open any magazine or turn on any T.V. show and you'll be bombarded with air brushed, perfectly styled and made-up celebrities and super models, icons of beauty that real women can never match. Too often, girls, measure

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themselves against these unrealistic images and find themselves lacking. But we can all break free from the cult of celebrity and start liking the face we see in the mirror once we understand that many of these images of beauty are all made up. In the spirit of Fast Food Nation, media-awareness

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activist Audrey Brashich delivers an in-depth, informative, and eye-opening look at the effect the media and pop culture has on young women's self images.

The follow up to the hugely successful 'Celebrity', this is an analysis of what

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celebrity culture is today. In 2001, the phenomenon of Jade Goody and reality TV shows was in its infancy. Now, Rojek explores celebrity engineering, technologies of fame creation and issues of loneliness and uncertainty. It is set to become the benchmark in the field.

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Citing a rise in such factors as cosmetic surgery, status-related debt and misrepresented Facebook profiles, a cautionary report on the increase of unhealthy ego-related behaviors examines its actual cost to families, organizations and societies. By the

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author of Generation Me. Drew
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This is the most complete and compelling account of idols and celebrity in Japanese media culture to date. Engaging with the study of media, gender and celebrity, and sensitive to history and the

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contemporary scene, these
interdisciplinary essays cover male
and female idols, production and
consumption, industrial structures
and fan movements.

"An impressive book. An important
book."—Jamie Lee Curtis "I blame

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mirrors. If it weren't for them we wouldn't need plastic surgeons. In the meantime, anyone tempted to re-shape face, body and mind by means of knife should first read Blum's intelligent, persuasive and absorbing book. Both enticed and alarmed, the reader will at least know what she's

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doing and more importantly why. This is a book that takes you and shakes you by the throat, and leaves you the better for it."—Fay Weldon, author of *The Life and Loves of a She-Devil* "An eye-opening look at the dangers, both physical and emotional, of plastic surgery and of the power of beauty in

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all of our lives. Blum's book is an impressive interweaving of observation, oral interviews, cultural studies, and historical sources. An absorbing read, this is a scholarly book that general readers can enjoy."—Lois Banner, author of American Beauty "A provocative and

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thoroughly persuasive argument that we live in a culture of cosmetic surgery where identity is sited on the shifting surfaces of the body. *Flesh Wounds* brilliantly explores the link between the seductions of surgical self-fashioning and the star system, drawing on a stunning array of

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materials ranging from interviews
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media of digital photography, film,
and television."—Kathleen Woodward,
author of *Aging and Its Discontents:
Freud and Other Fictions*

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A celebrity stylist describes the personal challenges that overshadowed her successful career, from her struggles as an incest survivor to her battles with alcohol and drug abuse, and traces her return to sobriety and professional success.

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