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P. McAdams at
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The Redemptive Self Stories
Americans

Based on 10 years of
research on the life stories
of especially caring and
productive American adults,
The Redemptive Self explores
the psychological and
cultural dynamics of the
stories people tell to make
sense of who they are. Among
the most eloquent tellers of
redemptive stories are those
midlife adults who are
especially committed to
their careers, their

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families, and making a
positive difference in the
world.

The Redemptive Self: Stories
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The book examines the
psychological and cultural
dynamics of redemptive life
narratives, including the
role of American religion
and self-help as sources for
the construction of life
stories and...

The Redemptive Self: Stories
Americans Live By

Stories of redemption are
some of the most powerful

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ways to express American identity and all that it can entail, from pain and anguish to joy and fulfillment. Psychologist Dan P. McAdams examines how these narratives, in which the hero is delivered from suffering to an enhanced status or state, represent a new psychology of American identity, and in turn, how they translate to understanding our own lives.

The Redemptive Self: Stories
Americans Live By - Revised

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The Redemptive Self: Stories
American Live By brings
together cutting-edge

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Americans live By
research in psychology and cognitive science with bold interpretations of literature, history, politics, and popular culture to produce a profound meditation on what it means to be an American, and what it means to live a good life in America.

Through moving case studies, historical examples, and empirical research, McAdams also addresses such key issues in American life today as race, religious faith, self-help ...

The Redemptive Self :: The
Redemptive Self: Stories ...
The Redemptive Self: Stories

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Americans Live By won the American Psychological Association's William James Award for best general-interest book published in 2006. It also won the best book for Psychology and Cognitive Science from the Association of American Publishers.

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Americans Live by by Dan P

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The Redemptive Self: Stories
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Table of Contents for 'The
Redemptive Self: Stories
Americans Live By' authored
by Dan P. McAdams Who are we
as Americans? What is our
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psychologist Dan P. McAdams
suggests that the key to
American identity lies in
the stories we live by. And
the most powerful life story
in America today is the
story of redemption Who are
we as Americans?

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American identity is the
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American adults, The
Redemptive Self explores the
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dynamics of the stories
Americans tell to make sense
of who they are.

Amazon.com: The Redemptive
Self: Stories Americans Live
By ...

In this revised and expanded
edition of The Redemptive

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Self, McAdams shows how redemptive stories promote psychological health and civic engagement among contemporary American adults. He reveals how different kinds of redemptive stories compete for favor in American society, as presented in a dramatic case study comparing the life stories constructed by Presidents George W. Bush and Barack Obama.

The Redemptive Self: Stories
Americans Live By - Revised
...

For all their psychological
and cultural power,

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Redemptive life stories sometimes reveal important limitations in American identity. For example, some versions of the redemptive self underscore the naïve expectation that suffering will always be overcome and the arrogance of seeing one's own life as the living out of a personal manifest destiny.

Redemptive Self: Stories
Americans Live By - Oxford

...

The redemptive self is a particular kind of life story told, lived, and imagined by many highly productive and caring

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Americans adults, men and women who score high on quantitative measures of generativity. But even American adults who are not especially generative know this story, and like the woman in the front row, they admire it. The redemptive self provides Americans of many different persuasions

2007 D O A American

Identity: The Redemptive

Self H

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adults. He reveals...

The Redemptive Self: Stories
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Americans Live By won the
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associations william james
award for best general
interest book published in
2006 it also won the best
book for psychology and

10+ The Redemptive Self
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In this revised and expanded
edition of The Redemptive
Self, McAdams shows how

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redemptive stories promote psychological health and civic engagement among contemporary American adults.

How do we as Americans define our identities? How do our stories represent who we are—our successes, our failures, our past, our future? Stories of redemption are some of the most powerful ways to express American identity and all that it can entail, from pain and anguish to joy and fulfillment.

Psychologist Dan P. McAdams examines how these narratives, in which the hero is delivered from

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Americans Live By
suffering to an enhanced status or state, represent a new psychology of American identity, and in turn, how they translate to understanding our own lives. In this revised and expanded edition of *The Redemptive Self*, McAdams shows how redemptive stories promote psychological health and civic engagement among contemporary American adults. He reveals how different kinds of redemptive stories compete for favor in American society, as presented in a dramatic case study comparing the life stories constructed by Presidents George W. Bush and Barack

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Obama. McAdams provides new insight on race and religion in American narratives, offers a creative blend of psychological research and historical analysis, and explains how the redemptive self is a positive psychological resource for living a worthy American life. From the spiritual testimonials of the Puritans and the celebrated autobiography of Benjamin Franklin, to the harrowing stories of escaped slaves and the modern tales in Hollywood movies, we are surrounded by transformative stories that can inform how we make sense of our American identity. But is

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the redemptive life story always a good thing, and can anyone achieve it? While affirming the significance of redemptive life stories, McAdams also offers a cultural critique. Through no fault of their own, many Americans cannot achieve this revered story of deliverance. Instead, their lives are rife with contaminated plots, vicious cycles of disappointment, and endless pitfalls. Moreover, there may be a negative side to these beloved stories of redemption—they demonstrate a curiously American form of arrogance, self-righteousness, and naiveté

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that all bad things can be transformed. In this revised and expanded edition of the his award-winning book, McAdams encourages us to critically examine our own life stories-the good, the bad, the ups, the downs-in order to inform how we can benefit from them and shape a better future American identity.

Who are we as Americans?
What is our deep identity?
How do we make a good life?
Renowned psychologist Dan P. McAdams suggests that the key to American identity lies in the stories we live by. And the most powerful life story in America today

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is the story of redemption. On a broad societal scale and in our own private lives, we want first and foremost to transform our suffering into a positive emotional state, to move from pain and peril to redemption. American identity is the redemptive self. Based on 10 years of research on the life stories of especially caring and productive American adults, *The Redemptive Self* explores the psychological and cultural dynamics of the stories Americans tell to make sense of who they are. Among the most eloquent tellers of redemptive stories are those midlife

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adults who are especially committed to their careers, their families, and making a positive difference in the world. These highly "generative" men and women embrace the negative things that happen to them, for it is by transforming the bad into good that they are able to move forward in life and ultimately leave something positive behind.

Unconsciously, they find inspiration and sustenance in the rich store of redemptive tales that American culture offers - from the autobiographies of Massachusetts Puritans, Benjamin Franklin, and escaped African-American

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Americans Live By
slaves to the stories of upward mobility, recovery, fulfillment, and release that come to us today from Hollywood, 12-step programs, self-help experts, religious stories, political speeches, business gurus, and Oprah. But can all American lives find redemption? Some people seem unable to make their lives into redemptive tales. Instead, their stories show contaminated plots and vicious cycles. Moreover, might there be a dark side to the redemptive stories Americans love? While these stories can sustain a productive and caring approach to life, they can also suggest a peculiarly

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American kind of arrogance and self-righteousness. For all their strengths, redemptive stories sometimes fail, and sometimes suggest important failings in the way Americans see themselves and the world. The Redemptive Self encourages us to examine our lives and our stories in full, to apprehend both the good and the bad in the stories we live by. By doing so, we may fashion better stories and better lives for the future.

This book should be value for all those who are interested in enhancing

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Americans Live By
their self-understanding. It should also serve as useful classroom text for undergraduates and advanced students in personality and social psychology, counselling and psychotherapy.

George W. Bush remains a highly controversial figure, a man for whom millions of Americans have very strong feelings. Dan McAdams' book offers an astute psychological portrait of Bush, one of the first biographies to appear since he left office as well as the first to draw systematically from personality science to

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analyze his life. McAdams, an international leader in personality psychology and the narrative study of lives, focuses on several key events in Bush's life, such as the death of his sister at age 7, his commitment to sobriety on his 40th birthday, and his reaction to the terrorist attacks of September 11, and his decision to invade Iraq. He sheds light on Bush's life goals, the story he constructed to make sense of his life, and the psychological dynamics that account for his behavior. Although there are many popular biographies of George W. Bush, McAdams' is

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the first true psychological analysis based on established theories and the latest research. Short and focused, written in an engaging style, this book offers a truly penetrating look at our forty-third president.

Noted scholars from a broad range of sub-disciplines in psychology discuss the ways in which the memories of our lives come to influence who we are, our personalities, and our emotional functioning. Other topics covered include how our personalities and self-concepts influence what we remember from our lives, and

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the notion of memory and the self as interdependent psychological phenomena.

The Strange Case of Donald J. Trump provides a coherent and nuanced psychological portrait of Donald Trump, drawing upon biographical events in the subject's life and contemporary scientific research and theory in personality, developmental, and social psychology. Dan P. McAdams, renowned psychologist who pioneered the study of lives, examines the central personality traits, personal values and motives, and the interpersonal and cultural factors that together have

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shaped Trump's psychological makeup, with an emphasis on the strangeness of the case--that is, how Trump again and again defies psychological expectations regarding what it means to be a human being. The book's central thesis is that Donald Trump is the episodic man. The chapters, structured as stand-alone essays each riffing on a single psychological theme, build on each other to present a portrait of a person who compulsively lives in the moment, without an internal story to integrate his life in time. With an emphasis on scientific personality

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research, rather than political rhetoric, McAdams shows that Trump's utter lack of an inner life story is truly exceptional. This book is a remarkable case study which should be of as much interest to psychologists as it is to readers trying to reckon with the often confounding behavior and temperament of the 45th President of the United States.

Drawing on state-of-the-art personality and developmental research, this book presents a new and broadly integrative theory of how people come to be who they are over the life

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American Lives By
course. Preeminent
researcher Dan P. McAdams
traces the development of
three distinct layers of
personality--the social
actor who expresses
emotional and behavioral
traits, the motivated agent
who pursues goals and
values, and the
autobiographical author who
constructs a personal story.
Highly readable and
accessible to scholars and
students at all levels, the
book uses rich portraits of
the lives of famous people
to illustrate theoretical
concepts and empirical
findings.

Who am I? And how do I fit

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into the world? These are the questions individuals ask themselves to make sense of their lives. Power, Intimacy and the Life Story addresses the human quest for identity. The author reinterprets some of the classic writings in psychology as he shows how each of us constructs a life story in order to meet the identity challenge and create a sense of unity and purpose in our lives. Written for the social scientist, practicing clinician, educated layperson, and student, this compelling study describes how we construct stories that are organized by the

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two general life themes of power and intimacy. Using the results of questionnaires and interviews with both college students and older adults, the author illustrates an innovative way of understanding human lives in literary terms.

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